



July 1, 2015

Thank you so much for being part of this Campaign. I'm grateful for all you've done and excited for what comes next.

When the road ahead is tough, you need the best people by your side. That's why I'm thankful for you. With warm regards,
Hillary

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I have had the opportunity to see Hillary Clinton's handwriting beginning in 1968 through the present. Some characteristics have stayed consistent over time, while others developed as she grew and changed.

Her current handwriting is a simplified form with a few large loops here and there, in a fairly airy picture of space. There is some variability in the letter sizes, with a mixture of connected/disconnected letters. The t-bars are notably long and end in a sharp point. Her signature is congruent with the handwriting. Her choice of pen for the sample used in this analysis appears to be a blue gel ink with medium tip.

The congruence and simplification of the signature with the rest of the writing is regarded as a sign of someone who is unafraid to be seen as they really are. The overall simplification of the writing from the copybook style she learned in school suggests intuitive thinking, the ability to get to the core of an issue quickly without having to wait for all the facts to come in. She is good at multitasking, jumping from one thing to another and back again without losing her place.

The large loops on the letter "d" have been in her writing for at least forty years. We tend to see this characteristic in those who have been deeply hurt early in life, and as a result, construct a protective "pillow" around themselves to avoid being hurt in the same way again. There are times when, because she dreads being judged by others, she can be defensive and ready to challenge those who criticize her.

In most instances the t-bars are placed high on the stem, which tells us that she sets her expectations high, both for herself and others. As one who is willing to work hard to achieve what she wants, she suffers intense disappointment when she fails to meet those expectations. Thus, when faced with obstacles, she is willing to adapt where she can and seeks to deal with those involved in conciliatory ways whenever possible. In handwriting we look for a balance of round (emotional) and linear (intellectual) forms, which we see here and reveals a flexible negotiator. Resilience is also present, which allows her to bounce back from disappointments in a reasonable time frame and get back in the saddle.

Because she is tough-minded, it can be difficult for her to understand why others don't work as hard as she does. In order not to feel overburdened by responsibility, she needs a team she can rely on to offload some of the routine duties. As a perfectionist, she can end up obsessing about what didn't get done, or what she *should* do or not do.

The large, but proportionate lower loops in this particular writing are an indicator of stamina, which means she is able to stay alert and focused physically and mentally in the long term. There is a lot of energy in those loops and they are inclusive of others. In other words, while she appreciates her alone time, she is not a loner. She likes to involve others in her activities.

Her thinking style is analytical, digging for the facts, never satisfied until she's sure she has plumbed the depths of a matter. The good spatial arrangement of the writing, plus the upright slant, suggests systematic, logical, methodical thought processes. She leaves enough space for perspective, which is the ability to stand back and look at a matter from all sides. Thus, she is

more neutral than reactive, thinking before acting.

The variability in the writing suggests that she can be moody, and with the sharp strokes in the t-bars, moodiness may be expressed in the form of sarcasm or a sharp wit. Woe betide anyone on the negative end. However, when it happens, she is quick to recover her better nature and feel bad if she hurt someone else.

She cares for other people, but it isn't always easy for her to be touchy-feely or spontaneous. No doubt there are times when she may come across as standoffish or cool, though she doesn't mean to. Still, there is the flexibility that makes her skilled in dealing with many types of people, from the janitor to the heads of government, treating them with genuine warmth (seen in the colorful pen stroke).

Her preference is for an organized, orderly environment where everyone follows the rules. She sees herself as practical, realistic, and objective, and works hard to put that belief into practice.

Kareem Abdul-Jabbar: This is the difference between Donald Trump and Bernie Sanders

Watch how they conduct their campaigns.



By Kareem Abdul-Jabbar September 2 at 7:45 AM

Kareem Abdul-Jabbar, the NBA's all-time leading scorer, is a former cultural ambassador for the United States and the author of several bestselling books. His latest novel, "Mycroft Holmes," comes out this month.

Ernest Hemingway once said that courage was "grace under pressure." Two presidential candidates, **Donald Trump** and Bernie Sanders, have recently tested this proposition. And now each man responded revealed the sort of person he is and the type of president he would make: Trump ignored his own dignity and Sanders opened up new possibilities as a compassionate peacemaker and serious candidate for president.

Here's where it went fatally wrong for Trump. During the GOP debate on Fox, when Megyn Kelly famously queried him about his attitude toward women whom he has called "fat pigs," "slobs," and "animals" he hit back by threatening the questioner: "I've been very nice to you, although I could probably make it not be, based on the way you have treated me. But I wouldn't do that."

Bad enough to threaten women, this was, but there's even more insidious political crime here: attacking the First Amendment's protection of a free press by menacing journalists. "I wouldn't do that," he said coyly. If you wouldn't do it, why bring up the question? For whatever reason other than to stifle other journalists who might want to ask tough but reasonable questions. If Americans learned that a leader in another country was threatening reporters, we would be outraged. Not here. Right here. Right now.

Later, after Trump had berated her attitude on her menstruation, Kelly went on what was supposed to be a planned vacation. Nevertheless, Trump suggested she may have been the cause. What kind of excuse takes credit for bullying the media? And last week, Trump allowed a television reporter Jorge Kuciejewski to be ejected from a press conference for asking questions about immigration without being called upon. Kuciejewski was later readmitted and permitted to ask about immigration, during which he said Trump could do a lot to support immigrants compassionately. "I have a bigger heart than you do," Trump replied. Trump's non-specific answer to the question ended with a personal insult directed at the reporter.

Trump's vendetta against the press extended to the Des Moines Register. When the paper issued an editorial calling

KAREEM! HE YOU WANT TO BE PRESIDENT YOU SO BACK TO THE FACTS! THEY DOUBT LIFE AND DON'T HAVE A CLUE! IS THAT LIFE AND WHAT HAS TO BE DONE TO MAKE AMERICA GREAT AGAIN! I WISHES

I've seen several samples of Mr. Trump's handwriting and have found it to be consistent over a period of many years, which means he is the same person now as he was long ago. He uses a thick-ink pen (probably felt-tip), virtually always writes at a diagonal slant to the paper in square shaped block printed writing, and his signature is quite different from the body of the text. His signature is very different—illegible, with extremely tall capital letters and a line of sharp, narrow strokes that end in a strong slashing downstroke.

There may be no surprises in this analysis, but it explains what characteristics we can see in his handwriting.

When a signature is different from the body of the writing it suggests that what you see is not necessarily what you get. A signature is like the cover on a book, while the body of writing is what's inside. A cover can be misleading. So, what does DT's aggressive signature tells us? He wants to be seen as strong, bold, someone not to be messed with.

Interestingly, the generally square shape of the writing form points to a strong need for security in one who has never quite felt secure. Perhaps this is reflected in his need to create monuments that bear his name. However, financial security can never make up for the lack of emotional security he feels deep inside.

The large size of the writing indicates that he lives for the moment, doesn't spend time looking back and what he's done or looking too far into the future. He is firmly rooted in the here-and-now. The spatial arrangement (space between words, lines, etc.) is compact, conserving and controlling space. This is one who has a strong need to feel in control of his environment, which can prompt him to come on strong in protecting his space. He manifests this need by acting in an authoritarian manner, dominating the environment and taking over. He is clearly not comfortable allowing someone else to take the lead.

When he forms the letter "o" there is often an extra line intruding into it, which impacts the ability to communicate openly. Handwriting is full of symbolism, and intruded letters are symbolic of one who is not completely up-front, may be hiding information, or refusing to "tell it like it is." At the same time, the forcefulness of this writing means that he's no shrinking violet. He'll say what he's thinking. So, how to resolve this apparent conflict? He is strong in what he chooses to say, but if that means telling lies to protect his ego, so be it.

The thick strokes are made without heavy pressure (thus, the felt tip pen), which is often seen in those who love their "creature comforts," but are unwilling to put a lot of energy into obtaining them. They view life as a party and have a "passion for excess," which is usually fulfilled in all kinds of tactile stimulation, such as good wine, spicy food, loud music, etc. DT needs that kind of stimulation to feel alive in an attempt to make up for the emotional emptiness inside.

While he is hypersensitive himself, and easily hurt, he is less sensitive to the feelings and needs of others. Once he sets a goal, no obstacle is big enough to block his way. He will use whatever means are at his disposal to get over, around, or through anything (or anyone) that impedes his progress. In fact, he welcomes the excitement of a challenge, and if things are not exciting

enough, he is likely to do something to create excitement—even if that something is self-sabotaging and draws negative attention.

There is an impulsive explosiveness in the writing, and especially the signature, where we see the last letter burst up, then plunge down in an aggressive movement, which signifies his habit of coming on strong when least expected. He is opinionated, wants everything the way he wants it, using whatever methods have proven successful before. It's hard for him to back away from power struggles because he insists on being the most important person in the room. It would be helpful if he could open up more to the opinions of others.

With a strong belief in himself and his ability to solve problems, he doesn't much care what others think of him. He wants and expects to see immediate results for his efforts. His thinking style is factual, concrete, and unyielding. With the lack of open space in the handwriting, it's hard for him to see any one else's viewpoint.